
Brief Description of the Drawings

Figure 1 is a perspective view of a neuromuscular/proprioceptive apparatus in accordance with the present invention:

Figure 2 is a side elevational view of the apparatus shown in Figure 1;

Figure 3 is a front elevational view of the apparatus shown in Figure 1;

Figure 4 is a top plan view of the apparatus shown in Figure 1;

Figure 5 is an illustration of the apparatus being used in a neuromuscular/proprioceptive exercise.